

Northamptonshire and Leicestershire & Rutland Track & Field Championships 2025

Rockingham Triangle Stadium

Rockingham Road

CORBY

NORTHAMPTONSHIRE

NN17 2AE

Saturday 10th & Sunday 11th May 2025

Under UK Athletics Rules

England Athletics Track & Field Licence - Number OUT25/ 262



Both counties acknowledge the generous support of England Athletics for these Championships



Welcome

As your Northamptonshire County President, I would like to welcome all competitors, family and friends to the 77th Northamptonshire County Track & Field Championships, including the Leicestershire & Rutland AA Championships.

This will be the third year the Corby track has hosted a joint Championship, with our colleagues from Leicestershire.

The planning and organisation ahead of the event, takes many hours. These tasks include organising officials, volunteers, planning the timetable and sorting the athletes start lists etc. A huge thank you to the planning committee, who have been working on the event following on from the County Cross Country Championships.

We wish all our competitors an enjoyable weekend, should they be medal winners, competing for the first time, or achieving personal bests at their chosen event or running distance.

A massive thank you to both Counties for providing Timekeepers, Track Judges, and our volunteers. Without your help the event would not be able to go ahead.

Thank you to our sponsors Webb Ellis & their support in helping to design our new NAA hoodies, which are on sale over these 2 days.

Let us all have an amazing weekend, with kind weather, hopefully! Thank you for supporting the event.

Good luck to you all.

Graham Linnell
Northants AA President

On behalf of Leicestershire & Rutland Athletics Association, I would like to welcome you all to our 2025 Track & Field Championships. This is now our third joint championships with Northamptonshire, and we are once again very grateful to our colleagues at NAA for the invitation.

As a sport, athletics faces many challenges, but these championships are a perfect example of what can be achieved if we work together, between clubs and across counties, for shared benefit. I would like to acknowledge, with thanks, the hard work of the organising committee, our superb technical officials and volunteers. We are delighted to be providing a platform for the talented athletes from across the three counties to showcase their talents, and like you, I'm looking forward to seeing their performances.

We wish all competitors the best for a successful weekend's athletics.

Dave Lodwick, Chair and President,
Leicestershire & Rutland AA

Championships Organisation

Meeting Manager	Tricia Garner
Entries	Bryan Acford, UKA Roster System
Start lists and seeding	Jim Elder, Bryan Acford
Programme	Dave Lodwick, Tricia Garner
Athlete registration	Sue Rey, Jim Elder
Stadium Manager	Ally Melville, Alan Wymant
Refreshments	Corby Athletic Club CIC
Gate	Graham Curtis
First Aid	Showmed Limited
Stadium Stand stewards	WDAC, Leicester Coritanian AC
Announcer	Bryan Acford
Results	Fiona Lok, Alison Lodwick
Medals/Trophies/Presentation	
Saturday	Special Guest Gemma Steel
	NRAA: Terry Egan and Angela Copson
	L&RAA: John Heywood and June Clarke
Sunday	Special Guest Will Sharman
	NRAA: Terry Egan and Angela Copson
	L&RAA: John Heywood and June Clarke
Photographer	Mike McSharry

Chief Officials - Saturday

Athletes registration	Sue Rey, Ross Tyrrell
Clerk of the course	Jim Pearson
Field Referee	Adam Henley
Track Referee	James Terry
Chief Starter	Dave Lodwick
Chief Timekeeper	Liz Hinds
Photo Finish	Charlie McConnell, Vanessa Powell

Officials List – Sunday

Athlete registration	Sue Rey, Annie Pointon
Results	Fiona Lok, Alison Lodwick
Field Referee	Jim Pearson
Track Referee	Lynda Plumpton
Chief Starter	Jim Elder
Chief Timekeeper	Laura Burton
Photo Finish	Charlie McConnell, Vanessa Powell

Thank you to all the officials from Northamptonshire and Leicestershire & Rutland, who will be supporting the above.

A full timetable, start lists and results are available on Roster:

Northamptonshire:

<https://meets.rosterathletics.com/public/competitions/details/about?id=26399>

Leicestershire & Rutland:

<https://meets.rosterathletics.com/public/competitions/details/about?id=26406>

Guest Presenters

Gemma Steel (Saturday)



Gemma has represented Great Britain on the track, road and cross country. Her road successes have included local national and international races. In cross country, she won the English National in 2012 and was European Champion in 2014. She has also been a great supporter of local races and has multiple county titles to her name.

Will Sharman (Sunday)



Will Sharman is a two-time Commonwealth Silver medallist, a European Silver medallist and a three-time World Championship finalist in the 110m Hurdles. He has multiple British titles and has been successful in the Diamond League.

Event photographs. Mike Mc Sharry Photography will be taking photographs on both days of the Championships. Pictures can be viewed by scanning the QR code below.



The two county associations will receive a donation for any pictures ordered.

The organising committee are happy to receive feedback (and offers of help or future sponsorship) on the championships. <https://forms.gle/kAUeVs3fQwJxQjBX7>

We are grateful to Webb Ellis Teamwear for sponsoring our athlete bibs.



Timetables

Field Events

Saturday 10th May

- 1100 Discus - U20 & above
- 1100 Long Jump - U11 Boys
- 1130 Shot Put - U13 & U15 Boys & Girls
- 1215 High Jump - U13 & U15 Girls
- 1215 Long Jump - U13 Boys
- 1230 Discus - U13 - U17 Boys & Girls
- 1315 Shot Put - U17 & Above Women
- 1330 Long Jump - U15 Boys
- 1400 Pole Vault - Men & Women
- 1430 High Jump - U17 & Above Women
- 1430 Shot Put - U17 & Older Men
- 1445 Long Jump - U17 & Above Men

Sunday 12th May

- 1030 Hammer - All Age Groups
- 1030 Long Jump - U13 Girls
- 1130 High Jump – Men
- 1145 Long Jump - U11 Girls
- 1215 Javelin - All Women
- 1300 Triple Jump - All Age Groups
- 1400 Javelin - Men
- 1445 Long Jump - U15 Girls
- 1545 Long Jump - U17 & above Women

Track

Sat 11th May

- 1100 70m Hurdles - U13 Girls
- 1107 75m Hurdles - U13 Boys & Girls
- 1115 80m Hurdles - U17 Women & U15 Boys
- 1122 100m Hurdles - U17 Men & U20 Women
- 1130 110m Hurdles - U20 Men
- 1140 200m -NAA U13 Girls - Heat 1
- 1144 200m - NAA U13 Girls - Heat 2
- 1148 200m -NAA U13 Boys - Heat 1
- 1152 200m -NAA U13 Boys - Heat 2
- 1200 200m - NAA U15 Girls - Heat 1
- 1204 200m - NAA U15 Girls - Heat 2
- 1208 200m - NAA U17 Men – Heat 1
- 1212 200m - NAA U17 Men – Heat 2
- 1220 150m - U11 Girls Time Trial - Heat 1
- 1225 150m - U11 Girls Time Trial - Heat 2
- 1230 150m - NAA U11 Boys Time Trial - Heat 1
- 1235 150m - NAA U11 Boys Time Trial - Heat 2
- 1240 150m - L&RAA U11 Boys Time Trial

BREAK

- 1310 600m - L&RAA U11 Girls
- 1315 600m - NAA U11 Girls
- 1320 600m - U11 Boys - Heat 1
- 1325 600m - U11 Boys - Heat 2
- 1330 200m – Final L&RAA U13 Boys
- 1335 200m - L&RAA U13 Girls
- 1340 200m Final - NAA U13 Girls
- 1345 200m Final - NAA U13 Boys
- 1350 200m Final - NAA U15 Girls
- 1355 200m - Final - NAA U17 Men
- 1400 200m – Final - LRAA U15 Boys
- 1405 800m - NAA U13 Girls

1410 800m - L&RAA U13 Girls
1415 800m - NAA U13 Boys
1420 800m - L&RAA U13 Boys
1425 800m - NAA U15 Girls
1430 800m - L&RAA U15 Girls
1435 800m - NAA U15 Boys
1440 800m - L&RAA U15 Boys
1445 800m - NAA U17 Women
1450 800m - L&RAA U17 Women
1455 800m - NAA U17 Men
1500 800m - L&RAA U17 Men
1505 800m - NAA & LRAA U20, Senior & Masters Women
1510 800m - NAA U20 Men
1515 800m - NAA Senior & Masters Men
1520 800m - L&RAA U20, Senior & Masters Men
1525 200m - L&RAA U15 Girls & U17 Women
1530 200m - NAA U17 Women
1535 200m - Final - NAA U15 Boys
1540 200m - NAA U20 Women
1545 200m - NAA & LRAA Senior & Masters Women + LRAA U20 Women
1550 200m - L&RAA U20 Men
1555 200m - NAA & LRAA Senior Men + NAA U20 Men
1600 200m - L&RAA U17 Men
1605 200m - NAA & LRAA Masters Men
1610 5000m - Women, U17Men, LRAA Men
1635 5000m - NRAA U20 Senior & Masters Men

Sunday 12th May

Time Event

1100 400mH - NAA U17 & L&RAA U20 Men
1110 300mH - U17 Women
1120 300m - NAA & L&RAA U15 Girls
1125 300m - NAA & L&RAA U15 Boys
1135 300m - NAA & LRAA U17 Women
1145 100m - NAA U13 Girls Heat 1
1149 100m - NAA U13 Girls Heat 2
1153 100m - NAA U15 Girls Heat 1
1157 100m - NAA U15 Girls Heat 2
1201 100m - NAA U17 Men Heat 1
1205 100m - NAA U17 Men Heat 2
1215 75m Time Trial - NAA U11 Boys Heat 1
1219 75m Time Trial - NAA U11 Girls Heat 1
1223 75m Time Trial - NAA U11 Girls Heat 2
1227 75m Time Trial - L&RAA U11
1235 400m - NAA & L&RAA U17 Men
1240 400m - NAA U20 Men
1245 400m - L&RAA U20 & Masters

- 1250 400m - NAA Senior & Masters Men
- 1255 400m - NAA U20, Senior & Masters Women
- 1300 400m - L&RAA U20 & Senior Women

BREAK

- 1330 100m – Final - NAA U13 Girls
- 1335 100m - L&RAA U13 Girls
- 1340 100m Final - NAA U13 Boys
- 1345 100m - L&RAA U13 Boys
- 1350 100m - L&RAA U15 Boys
- 1355 100m Final - NAA U15 Girls
- 1400 100m Final - L&RAA U15 Girls
- 1405 100m – Final - NAA U17 Men
- 1410 1200m Time Trial - U11 Boys
- 1417 1200m Time Trial - U11 Girls
- 1425 1500m - U13 Girls
- 1435 1500m - U13 Boys
- 1445 1500m - U15 Girls
- 1455 1500m - U15 Boys
- 1505 1500m - U17 Women
- 1515 1500m - U17 Men
- 1525 1500m - U20, Senior & Masters Women
- 1535 1500m - U20 Men
- 1545 1500m - Senior & Masters Men
- 1555 100m - NAA U17 Women
- 1600 100m - L&RAA U17 Women
- 1605 100m - NAA U15 Boys
- 1610 100m - L&RAA U17 Men
- 1615 100m - NAA U20 Women
- 1620 100m – L&RAA U20 Women
- 1625 100m - NAA & LRAA Senior & Masters Women
- 1630 100m - NAA U20 Men
- 1635 100m - L&RAA U20 Men
- 1640 100m - NAA Masters Men
- 1645 100m - L&RAA Senior & Masters Men
- 1650 100m - NAA Senior Men