

# Northamptonshire and Leicestershire & Rutland Track & Field Championships 2024

Rockingham Triangle Stadium

Rockingham Road

CORBY

NORTHAMPTONSHIRE

NN17 2AE

Saturday 11th & Sunday 12th May 2024

Under UK Athletics Rules

England Athletics Track & Field Licence - Number 24/ 352



Both counties acknowledge the generous support of England Athletics for these Championships



# Welcome

As your Northamptonshire County President, I would like to welcome all competitors, coaches, family and friends to the 76th Northamptonshire County Track & Field Championships, including the Leicestershire & Rutland AA Championships. This will be the second year the Corby track has hosted a joint Championship, with our colleagues from Leicestershire. We are very much looking forward to this weekend following a very successful 2023 joint competition.

The planning and organisation ahead of the event, takes many hours. These tasks include organising officials, volunteers, planning the timetable, sorting the athletes start lists etc. A huge thank you to the planning committee, who have been working on the event, following on from the County Cross Country Championships. We wish all our competitors an enjoyable day, should they be medal winners or competing for the first time or achieving personal best times or distances in your chosen events.

A massive thank you to both Counties for providing Timekeepers, Track Judges and all our Volunteers. Without your support the event would not be going ahead.

Let us all have a great weekend, with amazing weather.

Thank you for supporting the event and we wish you good luck to all our athletes.

Northamptonshire AA County  
President (2024)  
Graham Linnell

On behalf of Leicestershire & Rutland Athletics Association, I would like to welcome you all to our 2024 Track & Field Championships. Building on last year's highly successful event, this will be our second joint championships with Northamptonshire, and we are once again very grateful to our colleagues at NAA for the invitation.

Our wonderful sport of athletics faces many challenges, but thanks to the hard work of the organising committee, our superb technical officials and volunteers, we will once again, be able to showcase the many talented athletes across the two counties across a full 2-day programme.

We wish all competitors the best for a successful weekend's athletics.

Dave Lodwick, Chair and President  
Elect, Leicestershire & Rutland AA

## Championships Organisation

Meeting Manager	Tricia Garner
Entries	Bryan Acford, UKA Roster System
Start lists and seeding	Jim Elder, Bryan Acford
Programme	Dave Lodwick, Tricia Garner
Athlete registration	Sue Rey, Jim Elder
Stadium Manager	Ian White, Alan Wymant
Refreshments	Corby Athletic Club CIC, HSBC Volunteers
Gate	Graham Curtis
First Aid	Showmed Limited
Stadium Stand stewards	Silson AC & WDAC
Announcer	Bryan Acford
Results	Fiona Lok, Alison Lodwick
Medals/Trophies/Presentation	
Saturday	NAA: Terry Egan, Teresa Cox & Angela Copson L&RAA: John Heywood and June Clarke
Sunday	NAA: Special Guest Karen Cudby L&RAA: John Heywood and June Clarke
Photographer	Mike McSharry

## Chief Officials - Saturday

Athletes registration	Sue Rey, Ross Tyrrell
Clerk of the course	Jim Pearson
Field Referee	Adam Henley
Track Referee	Lynda Plumpton
Chief Starter	Dave Lodwick
Chief Timekeeper	Laura Burton
Photo Finish	Charlie McConnell, Vanessa Powell
Chief Walk Judge	Mark Wall

## Officials List – Sunday

Athlete registration	Sue Rey, Annie Pointon
Results	Fiona Lok, Alison Lodwick
First Aid	Showmed Limited
Field Referee	Jim Pearson
Track Referee	Colin Barnes
Chief Starter	Jim Elder
Chief Timekeeper	Pauline Wright
Photo Finish	Charlie McConnell, Vanessa Powell

Thank you to all the officials from Northamptonshire and Leicestershire & Rutland, who will be supporting the above.

A full timetable, start lists and results are available on Roster:

Northamptonshire:

<https://meets.rosterathletics.com/public/competitions/details/about?id=24946>

Leicestershire & Rutland:

<https://meets.rosterathletics.com/public/competitions/details/schedule?id=24955>

Event photographs. Mike Mc Sharry Photography will be taking photographs on both days of the Championships. Pictures can be viewed at:

<https://galleries.mikemcsharry.co.uk/p/73799nwc/x2024-leics-northants-track-field>

The two county associations will receive a donation for any pictures ordered.

England Athletics, who are supporting the event, are keen for Athletes and Officials to provide feedback on their experience at the championships. This feedback will be shared with the organising committee.

[Athlete Feedback Form](#)

[Technical Official Feedback Form](#)

## **Timetables**

Field Events

### **Saturday 11th May**

1100 Discus - U20 & above  
1100 Long Jump - U11 Boys  
1130 Shot Put - U13 & U15 Boys & Girls  
1215 High Jump - U13 & U15 Girls  
1215 Long Jump - U13 Boys  
1300 Discus - U13 - U17 Boys & Girls  
1315 Long Jump - U15 Boys  
1315 Shot Put - U17 & Above Women  
1430 High Jump - U17 & Above Women  
1430 Long Jump - U17 & Above Men  
1430 Pole Vault - Men & Women  
1430 Shot Put - U17 & Older Men

### **Sunday 12th May**

1100 Hammer - All Age Groups  
1100 Long Jump - U13 Girls  
1145 Long Jump - U11 Girls  
1200 High Jump - Men  
1230 Javelin - All Women  
1245 Long Jump - U15 Girls

1350 Long Jump - U17 & above Women

1400 Javelin - Men

1520 Triple Jump - All Age Groups

Track

**Sat 11th May**

1100 2000m Walk

1115 70m Hurdles - U13 Girls

1120 75m Hurdles - U13 Boys

1125 75m Hurdles - U15 Girls

1130 80m Hurdles - U17 Women

1135 80m Hurdles - U15 Boys

1140 100m Hurdles - U17 Men & U20 Women

1145 110m Hurdles - U20 Men

1200 200m -NAA U13 Girls - Heat 1

1204 200m - NAA U13 Girls - Heat 2

1208 200m -NAA U13 Boys - Heat 1

1212 200m -NAA U13 Boys - Heat 2

1216 200m - NAA U15 Girls - Heat 1

1220 200m - NAA U15 Girls - Heat 2

1224 200m - NAA U15 Boys - Heat 1

1227 200m - NAA U15 Boys - Heat 2

inc L&RAA U15 Boys Final

1230 150m - NAA U11 Girls

1235 150m - L&RAA U11 Girls

1240 150m - NAA U11 Boys - Heat 1

1245 150m - NAA U11 Boys - Heat 2

1250 150m - L&RAA U11 Boys

**BREAK**

1325 600m - L&RAA U11 Girls

1330 600m - NAA U11 Girls

1335 600m - U11 Boys - Heat 1

1340 600m - U11 Boys - Heat 2

1345 200m - L&RAA U13 Boys & Girls

1350 200m - L&RAA U15 Girls

1355 200m - L&RAA U17 Women

1400 200m Final - NAA U13 Girls

1405 200m Final - NAA U13 Boys

1410 200m Final - NAA U15 Girls

1415 200m Final - NAA U15 Boys

1420 200m - NAA U17 Women

1425 200m - NAA U17 Men

1430 200m - NAA & LRAA U20 Women

1434 200m - NAA U20 Men

1438 200m - NAA & LRAA Senior & Masters Women

1442 200m - L&RAA U20 Men

1446 200m - NAA & LRAA Senior Men

1450 200m - L&RAA U17 Men  
1455 200m - NAA & LRAA Masters  
1500 800m - NAA U13 Girls  
1505 800m - L&RAA U13 Girls  
1510 800m - NAA U13 Boys  
1515 800m - L&RAA U13 Boys  
1520 800m - NAA U15 Girls  
1525 800m - L&RAA U15 Girls  
1530 800m - NAA U15 Boys  
1535 800m - L&RAA U15 Boys  
1545 800m - NAA & L&RAA U17 Women  
1550 800m - NAA U17 Men  
1555 800m - L&RAA U17 Men  
1600 800m - NAA & LRAA U20, Senior & Masters Women  
1605 800m - NAA U20 Men  
1610 800m - NAA Senior & Masters Men  
1615 800m - L&RAA U20 & Masters Men  
1620 5000m - Women  
1645 5000m - Men

### **Sunday 12th May**

#### **Time Event**

1100 300mH - U17 Women  
1110 400mH  
1120 300m - NAA U15 Girls  
1125 300m - NAA U15 Boys  
1130 300m - L&RAA U15 Boys and Girls  
1135 300m - NAA & LRAA U17 Women  
1145 100m - NAA U13 Boys Heat 1  
1150 100m - NAA U13 Boys Heat 2  
1155 100m - NAA U15 Girls Heat 1  
1200 100m - NAA U15 Girls Heat 2  
1205 100m - L&RAA U15 Girls Heat 1  
1210 100m - L&RAA U15 Girls Heat 2  
1215 75m Time Trial - NAA U11 Heat 1  
1220 75m Time Trial - NAA U11 Heat 2  
1225 75m Time Trial - NAA U11 Heat 3  
1230 75m Time Trial - L&RAA U11  
1235 400m - NAA U20  
1240 400m - L&RAA U20, Senior & Masters  
1245 400m - NAA Senior & Masters Men  
1250 400m - NAA U20, Senior & Masters Women  
1255 400m - L&RAA U20, Senior & Masters Women

#### **BREAK**

1330 100m - NAA U13 Girls  
1335 100m - L&RAA U13 Girls  
1340 100m Final - NAA U13 Boys

1345 100m - L&RAA U13 & U15 Boys  
1350 100m Final - NAA U15 Girls  
1355 100m Final - L&RAA U15 Girls  
1400 100m - NAA U15 Boys  
1405 100m - NAA U17 Women  
1410 100m - L&RAA U17 Women  
1415 100m - NAA U17 Men  
1420 100m - L&RAA U17 Men  
1425 100m - NAA U20 Women  
1430 100m - NAA & LRAA U20, Senior & Masters Women  
1435 100m - NAA U20 Men  
1440 100m - L&RAA U20 Men  
1445 100m - NAA Senior Men  
1450 100m - L&RAA Senior & Masters Men  
1455 100m - NAA Masters Men  
1500 1200m Time Trial - NAA U11  
1510 1500m - U13 Girls  
1520 1500m - U13 Boys  
1530 1500m - U15 Girls  
1540 1500m - U15 Boys  
1550 1500m - U17 Women  
1600 1500m - U17 Men  
1610 1500m - U20, Senior & Masters Women  
1620 1500m - U20 Men  
1630 1500m - Senior & Masters Men