

LEICESTERSHIRE & RUTLAND SCHOOLS ATHLETIC ASSOCIATION

Dear Parent/Athletics Coach

The summer term is now upon us and schools' athletics is kicking into gear. As in previous years I am contacting you to find out if you have any athletes at your club who are prepared and keen to take on the challenge of combined events and represent their county in the Regional Championships in June?

U15 (years 8 and 9) athletes compete in a one day pentathlon involving hurdles; high jump; shot; long jump and ending with 800m.

U15 boys pentathlon takes place on Saturday 25th June and U15 girls compete on Sunday 26th June.

U17(years 10 and 11) and U20(year 12 and 13) female athletes compete in an heptathlon over both days of the weekend adding 200m and javelin to the already mentioned 5 events.

U17 male athletes compete in an octathlon over the weekend with 400m; javelin and discus added to the original 5 events and the 800m changing to 1500m race.

U20 male athletes compete in a full decathlon adding 100m sprint and pole vault to the above octathlon.

Entries have to be completed in the first week of June so could you please pass our contact details to interested athletes to get their parents to contact either of us as soon as possible so we can collect previous performance data and finalise teams. I must receive nominations by the end of May.

Kind regards

Team managers: John Ellis email. - johnsellis26@gmail.com
Lucy Seaton. - seatons4@ntlworld.com