

Leicestershire & Rutland / Northamptonshire 10000m Champs & Open

1 Tom Mahon	Wreake & Soar Valley	32:49.1
2 John Wayland	Wellingborough & District AC	33:41.6
3 Anthony Woodward	Notts AC	34:34.4
4 Mark Couldwell	Charnwood AC	34:39.2
5 Pascal Bouttier-Butler	Leicester Coritanian AC	34:47.4
6 Gordon Lee	Leicester Coritanian AC	34:57.4
7 Ian Mansell	Nuneaton Harriers	35:29.2
8 Adam Eales	Corby AC	37:33.3
9 Andy Green	Northampton AC	38:33.5
10 Garry Payne	Nuneaton Harriers	38:59.0
11 Peter Eccleston	Coventry Godiva Harriers	39:39.6
12 Nigel Ryalls	Wootton Road Runners	46:29.9