

Leicestershire & Rutland Athletics Association

County Endurance Challenge (2022)

The '**County Endurance Challenge**' provides greater coherence to our programme of (endurance) Championship events. It seeks to:

- Create greater interest within the County amongst endurance clubs/athletes in our Championship events
- Encourage greater participation in those events from the County's leading runners
- Showcase the endurance talent within the County
- Support such talent through the award of a 'Training Grant' to the leading male & female runner to emerge through the 2022 season of events.

Points will be awarded to the leading participants (covering all Senior, Masters, & U20 competitors) in each of our Men & Women's Championships at the following events:

- County XC Championships
- County 5000m Championships
- County 10000m Championships
- County 5K Road Race Championships
- County 10K Road Race Championships
- County Half-Marathon Championships
- County Marathon Championships
- County Fell Running Championships

Points will be awarded as follows:

- 1 point (per gender) for a top 12 finish at the County XC Championships
- 1 point (per gender) for a top 6 finish in all the other Championship events listed above
- An additional point for a 3rd place finish in each of the listed events
- An additional 2 points for a 2nd place finish in each of the listed events
- An additional 3 points for a Win in each of the above listed events

To claim the overall award (a £250 'Training Grant') a competitor must have achieved a scoring performance in a minimum 5 events. ... Should no competitor meet this criterion the Award will not be issued. ... In the event of fewer than the anticipated Championship events taking place, this criterion may be adjusted by the L&RAA Management Committee. ... Any such decisions will be publicised through the County Association website: <http://lraa.org.uk/>

There will be 2 awards: one for the leading Male competitor; & one for the leading Female competitor.

In the event of a tie for first place the award will go to the participant with the best head-to-head record in those events that the contesting athletes took part in. ... In the event that the participants are still tied the award will be shared.

Athletes in receipt of the award (Training Grant) will be expected to briefly detail in writing how they have benefitted or intend to benefit from the Training Grant. ... Such responses may be used to help in future publicity via the County Association's website & Facebook pages.

The Men's Award will be sponsored by 'Beacon Hill Striders: Performance Running' (see: <https://beaconhillstriders.co.uk/>)

A sponsor will be sought for the Women's Award. ... Expressions of interest (& any queries regarding this initiative) should be addressed directly to the County Secretary (see below).

Alan Maddocks
County Secretary
Leicestershire & Rutland AA
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