

**Leicestershire & Rutland AA 2018 Track and Field Championships**  
**Saffron Lane Athletics Stadium, LE2 7NQ on Saturday 12th May 2018**  
**Rockingham Triangle Stadium, Corby NN17 2FB on Sunday 13<sup>th</sup> May 2018**  
**(Other dates and venues for some events - see below)**

**TERMS AND CONDITIONS**

*It is a condition of entry that you read this prospectus and accept the conditions in it - please take the time to read it **BEFORE** entering any of the championship events.*

**1 ATHLETICS RULES** All events will be subject to the 2018 UKA Rules for Competition and the County Athletic Association Rules. (The championship events are subject to the county UKA Permit.)

**2 CLUB MEMBERSHIP & CLOTHING** Athletes who are a member of a club affiliated directly or indirectly to UK Athletics must include their EA number (URN) on the entry form. They should wear their club vests at competition. All athletes are reminded that all clothing must be clean, and so designed and worn as not to be objectionable, even if wet. Brand names on clothing must comply with the UKA rules.

**3 EQUIPMENT** The organisers will provide implements for the field events but competitors may use their own implements provided that these are checked in a **minimum of one hour prior** to the scheduled start of the individual event and approved by the Technical Manager / Referee. Competitors' own starting blocks may be used if they conform to stadium regulations and are approved by the Starter's Assistant on the day.

**4 ELIGIBILITY** County qualification is **either** by birth in Leicestershire or Rutland, **or** by **9 months continuous residence\*** prior to competition, **or** by 9 months service in a unit of HM forces stationed in the County. \*Please note UKA Rule 21 s6 (1) which explains a) the residence conditions relating to students in term-time and b) issues relating to those who have moved out of the area but have not competed for any other County since their move.

**5 KEY CHANGES FOR 2018**

- This is the first "single county" championship since 2004 (in Nuneaton).
- This is a one day event (with some additional events within other separate competitions detailed below).
- Athletes entering championship events on the additional specified dates and venues **MUST** comply with the separate entry conditions detailed below to obtain confirmation of their championship entry.
- Masters athletes are included this year and will be awarded separate medals.
- THERE WILL BE NO PAPER ENTRIES THIS YEAR - this is due to a number of difficulties in previous years (bounced cheques, illegible writing, errors etc). Please contact the county admin team by 13<sup>th</sup> April (LRAAchamps@hotmail.com) if you need to make arrangements to help you to enter.
- Entry fees for the three oldest age groups have been increased slightly to reflect cost increases.
- All track events (wherever the venue) will be supported by Electronic Timing (Photo Finish).
- A start (entry) list and detailed timetable will be published on the County website (www.LRAA.org.uk) as soon as possible after the closing dates and before the event.
- Athletes must confirm their entry at Registration **at least 60 minutes** before their event start time.
- All Club athletes (other than the Under 11 entries) **MUST** provide their EA number which will be checked with EA before the event. Children who are not in a club must state their school.
- There are no Open Parallel Success events this year, but classified athletes can enter the mainstream events, provide they are eligible by birth or residence to enter the county championships
- Children who are in the Under 11 age category can now enter individual events as part of the development programme - these are not championship events, but suitable medals will be awarded.

**6 ENQUIRIES** Please address enquiries to us using the special email address for ALL the Championship events: LRAAchamps@hotmail.com. None of the following are responsible for the championship rules and would not be able to make the appropriate decisions: the online booking website, the staff at the stadium venues, and the hosts for our additional events (e.g. Charnwood AC).

## Entry Information

Events, venues, entry fees and closing dates vary - **PLEASE CHECK CAREFULLY!**  
(The Grid on page 4 has been designed to help you - please use it to ensure you enter the right events and meet the requisite closing dates)

### ➤ Events, Venues and Dates

- **Wednesday 18th April, Moulton College, Northants**
  - 10,000m - U20, Sen and Mas (35+)
  - **Wednesday 25<sup>th</sup> April within Charnwood Open, Loughborough**
  - Hammer (all) , Pole Vault (all)
- **Saturday 12th May at Saffron Lane Athletics Stadium, Leicester (MAIN CHAMPIONSHIP)**
  - Track: 100m, 200m, 800m, 1500m (U17 and older), Hurdles (75, 80, 100, 110, 300, 400), Walks
  - Field: High Jump, Long Jump, Discus, Shot Put, Javelin, Triple Jump
  - U11 Development events - 75m, 600m and Long Jump
- **Sunday 13<sup>th</sup> May within Northamptonshire AA Champs, Corby**
  - 300m (U15G, U15B, U17W), 400m (U17M, U20M, U20W, Sen/Mas Women, Sen/Mas Men)
  - 1500m (U13/U15 Boys and Girls only)
- **Wednesday 16<sup>th</sup> May within Charnwood Open, Loughborough**
  - Track: 3000m (U17/U15 only); 5000m (U20, Senior and Master)
- **Saturday 26<sup>th</sup> May within Leicester University Open, Leicester**
  - Steeplechase events (Details TBC)

### ➤ Age Groups and Age-specific Rules

Masters	at least 35 on day of competition
Seniors	at least 20 at midnight on 31/12/18
Under 20	at least 17 at midnight 31/8/18 and under 20 at midnight on 31/12/18
Under 17	at least 15 but under 17 at midnight on 31/8/18
Under 15	at least 13 but under 15 at midnight on 31/8/18
Under 13	at least 11 on date of competition but under 13 at midnight on 31/8/18
Under 11	at least 9 on date of competition and under 11 at midnight on 31/8/18 (Under 11s compete in individual development events - NOT Championships)

#### Maximum events:

- Under 17/15/13 athletes are not allowed to compete in more than 3 individual events on one day.
- Under 20 athletes are not allowed to compete in more than 5 individual events on one day.
- Under 13/15 athletes cannot compete in 800m and 1500m on same day.

### ➤ How to enter events on 12<sup>th</sup> May (Leicester) and 13<sup>th</sup> May (Corby)

**Online** - Use the link [Champs Entry Link](#) or look for the date on BookitZone.com. Please ensure you read these terms and conditions. **The closing time is 21:59 on Saturday 21<sup>st</sup> April 2018.** Please ensure the online details are those of the athlete (or their parent/guardian) rather than the club/coach/friend making the entry - in the past we have struggled to contact athletes/parents so that our queries are dealt with promptly. Please be aware that these contact details may be used to contact you regarding other county championship events.

**Paper** - **There will be no paper entries this year** - this is due to difficulties in previous years (bounced cheques, illegible writing, errors etc). Please contact the secretary ASAP and **no later than 13<sup>th</sup> April** (LRAAChamps@hotmail.com) to make other arrangements to ensure you can still enter.

#### Entry Fees for these two dates are:

- Master, Senior and Under 20 - £8.00 on line
- Under 13, Under 15, Under 17 - £6.00 on line
- Under 11 - £3.00 on line

➤ **How to enter 10,000m on 18th April - Closing date MIDNIGHT 16th April.**  
 10,000m - U20, Senior and Master only (35+) - Athletics Track, Moulton College, Moulton, NN3 7QL  
**You can ONLY enter in advance using on this link: <https://entry4sports.co.uk/athletes/entryform>**  
 (Choose Rugby & Northampton AC for the "club"+ 18<sup>th</sup> April for the date.) **This is the same website used for Charnwood Opens and you may already have an account with them.**

- **Entry Fees (determined by the host promoter):**

Master, Senior and Under 20 only - £6.00 on line *THERE ARE NO PAPER ENTRIES*

**You must notify the Champs Secretary via email ([LRAAchamps@hotmail.com](mailto:LRAAchamps@hotmail.com)) by 17<sup>th</sup> April** that you intend to enter the championship event - together with details of your URN, your eligibility and confirmation of your entry. This allows us to check your eligibility prior to awards and results.

➤ **How to enter events on 25<sup>th</sup> April and 16<sup>th</sup> May at the Charnwood Opens**  
**25<sup>th</sup> April** - Hammer and Pole Vault (all age/gender groups) - **Closing date 23<sup>rd</sup> April.**  
**16<sup>th</sup> May** - 3000m (U17/U15 only); 5000m (U20, Senior and Master) - **Closing date 14<sup>th</sup> May.**  
**You can enter in advance using this online link: <https://www.entry4sports.co.uk/>**  
 (Choose Charnwood for the "club"+ then 25<sup>th</sup> April or 16<sup>th</sup> May for the date.)

- **Entry Fees (determined by the host)** All age groups entering prior to the stated closing date - £7
- **You must notify the Champs Secretary via email ([LRAAchamps@hotmail.com](mailto:LRAAchamps@hotmail.com)) by the Monday prior to the Charnwood Open date** that you intend to enter the championship event - together with details of your URN, your eligibility and confirmation of your entry in the Charnwood Open. **You will not be deemed to have entered the County Championship entry until you receive our L&R AA confirmation.**
- Charnwood Opens have a "late entry" policy - this allows you to enter Charnwood Open competitions - but your Championship entry will **not** be accepted after the stated closing dates above.

➤ **How to enter events on 26<sup>th</sup> May - Steeplechases - Further information to follow**

➤ **Event Cancellation and Refunds**

The organisers may cancel an event if there are very few or no entries or if the athletes can be otherwise accommodated. If an event is cancelled then athletes will be informed beforehand and given a refund. Refunds will not be given for any other reason. If the entire meeting is cancelled for any reason (this has never happened before) then all athletes will be refunded 80% of their fees. The County will retain 20% to cover unavoidable costs.

➤ **Awards:** County Championship medals will be awarded to the first three competitors per event/gender/age regardless of the number of entries.

➤ **Field Event Trials, Entry Heights and Triple Jump Boards on 12<sup>th</sup> May**

- Other than the High Jump, athletes in the U13, U15 and U17 age groups field events will be given 4 trials. Athletes in the U20/Senior/Masters age groups will be given 3 trials but the top six in each gender and age group, will be given three more.

Starting heights	U13G	U13B	U15G/ MasW	U15B/ MasM	U17W	U17M	U20W	U20M	SenW	SenM
High Jump	1.05	1.05	1.15	1.25	1.25	1.35	1.25	1.40	1.25	1.40

- The Triple Jump board must be at least 7m.

➤ **Results:** All results will be published on the county association website and submitted to the Power of 10 by the organisers of the events. UKA have agreed it is sensible for us to

amalgamate all the results into one document for publication (provided the different dates/venues are identified) - it will not be possible for the host organisers to indicate which of the results relate to county championship events.

- **Enquiries/Comments:** *Please email us with any comments. We know the event will "feel" different this year - we have done our best with the current resources. We hope it is successful - suggestions and offers of organisational support are welcome for this year and for the future.*

## 2018 Leicestershire & Rutland AA Track and Field Championships – Available Events

Events	Male					M/F	Female					
	U13	U15	U17	U20	Sen		Mas	U13	U15	U17	U20	Sen
100m	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat
200m	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat
300m	x	Sun	x	x	x	x	x	Sun	Sun	x	x	
400m	x	x	Sun	Sun	Sun	Sun	x	x	x	Sun	Sun	
800m	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat
Sprint Hurdles	Sat – 75H	Sat – 80H	Sat – 100H	Sat – 110H	Sat – 110H	Sat – 100/80H	Sat – 75H	Sat – 75H	Sat – 80H	Sat – 100H	Sat – 100H	
400/300 Hur	x	x	Sat	Sat	Sat	Sat	x	x	Sat	Sat	Sat	
1500m	Sun	Sun	Sat	Sat	Sat	Sat	Sun	Sun	Sat	Sat	Sat	
S/Chases	2k and 3k possibly on Sat 26 <sup>th</sup> May, Leicester (TBC)											
3K Walk	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat
3000m	x	16 <sup>th</sup> May	16 <sup>th</sup> May	x	x	x	x	16 <sup>th</sup> May	16 <sup>th</sup> May	x	x	
5000m (U20+)	x	x	x	16 <sup>th</sup> May	16 <sup>th</sup> May	16 <sup>th</sup> May	x	x	x	16 <sup>th</sup> May	16 <sup>th</sup> May	
Long Jump	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat
High Jump	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat
Pole Vault	25 <sup>th</sup> April at Charnwood Open for male/female and all age groups											
Discus	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat
Hammer	25 <sup>th</sup> April at Charnwood Open for male/female and all age groups											
Shot Put	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat
Triple Jump	x	Sat	Sat	Sat	Sat	Sat	x	Sat	Sat	Sat	Sat	Sat
Javelin	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sat

### Available events – Under 11 Age Group Boys and Girls

*Under 11 athletes: individual track events - 75m and 600m will be timetrials; and Long Jump with 4 trials.*