

LEICESTERSHIRE & RUTLAND COUNTY A.A

FEMALE COUNTY TRACK & FIELD CHAMPIONSHIP BEST PERFORMANCES

Senior Women					Junior Women				
EVENT	YEAR	PERF	ATHLETE	CLUB	EVENT	YEAR	PERF	ATHLETE	CLUB
100m	1998	11.7	R CLARKE	Rugby	100m	2001	12.3	SARAH ROBINSON	Nuneaton
200m	1972	24.3=	JANET ROSCOE	Stretford	200m	1991	25.2	H FROST	LCAC
200m	1997	24.3=	SARAH OXLEY	Birchfield	400m	2004	58.3	DENAE MATTHEW	LCAC
400m	2011	54.8	LAURA LANGOWSKI	Coventry Godiva	800m	2011	2.15.9	BRIONY BENDLE	Charnwood
800m	1971	2.05.8	PAT LOWE	Birchfield	1500m	2012	4.44.0	EMILY SALES	LCAC
1500m	1996	4.28.9	RHONA MAKEPEACE	Charnwood	5000m	2008	17.44.3	HELLEN ROLLINGS	Kettering
5000m	2009	17.56.7	SARAH HAINES	Harborough	100m H	2000	14.2	HELEN WORSEY	LCAC
10000m	2009	36.56.8	ZOE FLEMING	Birstall	400m H	2002	60.8	JUSTINE ROACH	LCAC
100m H	2004	14.2	CLAIRE PEARSON	Rug+N	2000 S/C	2009	7.55.9	AMBER-SIAN MAGEE	Charnwood
400m H	2002	66.8	CLAIRE PEARSON	LCAC	3km Walk	2013	15.08.55	JASMINE NICHOLLS	LWC
2k S/C	2010	7.55.37	AMBER SIAN-MAGEE	Charnwood	HJ	1993	1.65	CLAIRE HOWARD	LCAC
3km Walk	2012	15.15.8	FIONA MCGORUM	LWC	LJ	1993	5.80	D KING	LCAC
HJ	1985	1.80	DIANE DAVIES	LCAC	TJ	2010	12.76	LAURA SAMUEL	LCAC
LJ	1981	6.26	GLENYS MORTON	LCAC	DT	2007	49.95	EDEN FRANCIS	LCAC
TJ	2011	13.38	LAURA SAMUELS	LCAC	HT	2013	41.44	SALLY PRESTON	LCAC
DT	2011	57.49	EDEN FRANCIS	LCAC	SP	2007	14.98	EDEN FRANCIS	LCAC
HT	2008	53.69	LUCY MARSHALL	Woodfd Green	JT	2003	44.92	HELEN MOUNTENEY	Birchfield
SP	2014	17.07	EDEN FRANCIS	Birchfield	PV	2001	2.50=	APRIL HARWOOD	Rugby
JT	2004	44.36	HELEN MOUNTENEY	Birchfield	PV	2012	2.50=	HARRIET COPELAND	Charnwood
PV	2002	3.20	SUZANNE WOODS	Charnwood					
U/17 Women					U/15 Girls				
EVENT	YEAR	PERF	ATHLETE	CLUB	EVENT	YEAR	PERF	ATHLETE	CLUB
100m	1991	12.2	HEIDI SHARLAND	LCAC	100m	1970	12.3	LORRAINE BIDDLES	LCAC
200m	1972	25.3=	LORRAINE BIDDLES	LCAC	200m	2013	25.74	HARRIET COOPER	Saffron AC
200m	2001	25.3=	NICOLA ROBINSON	Nuneaton	300m	2012	43.5	GEMMA BROOMFIED	Charnwood
300m	2015	41.76	HARRIET COOPER	Charnwood	800m	2001	2.11.1	EMMA HOPKINS	LCAC
800m	1987	2.16.2	MELANIE WILKES	LCAC	1500m	1989	4.35.0	CLAIRE ALLEN	LCAC
1500m	2012	4.32.2	AMY GRIFFITHS	LCAC	75m H	1999	11.4	JUSTINE ROACH	LCAC
3000m	1991	9.48.1	CLAIRE ALLEN	LCAC	3km Walk	2002	15.37	FIONA MCGORUM	LWC
5000m	2015	20.08.14	EMILY NEGUS	Nuneaton					
80m H	1998	11.4=	HELEN WORSEY	LCAC	HJ	1974	1.63	DEBBIE GRANT	LCAC
80m H	2002	11.4=	NICOLA ROBINSON	Nuneaton	LJ	2001	5.23	DENAE MATTHEW	LCAC
300m H	2001	44.9	JUSTINE ROACH	LCAC	DT	2003	35.45	EDEN FRANCIS	LCAC
1500m S/C	2015	5.51.4	AIMEE SEAGER	Charnwood	HT	2009	40.78	VICKY JUDD	Charnwood
3km Walk	2005	15.56	FIONA MCGORUM	LWC	SP	2015	11.52	KIRSTY FINLAY	LCAC
HJ	1983	1.65=	CLAIRE SMITH	LCAC	JT	2015	25.58	MILLIE SHAW	Charnwood
HJ	1985	1.65=	FIONA ROSS	LCAC	PV	2013	1.8	RIANNA KIDD	LCAC
LJ	2003	5.62	DENAE MATTHEW	LCAC	TJ	2013	10.09	CAITLIN HARDING	LCAC
TJ	2006	11.09	CHIOMA CHILAKA	LCAC					
DT	2004	39.43	EDEN FRANCIS	LCAC					
HT	2015	35.40	TAKUDWA DIRIKWE	LCAC					
SP(3k)	2014	10.77	GEMMA HOLLAND	Burton AC					
JT(600gm)	1996	40.50	JEMMA ALLEN	Charnwood					
JT(500gm)	2014	32.83	CHARLOTTE COOPER	LCAC					
PV	2015	2.80	DAISY BARNES	NOTTS AC					
U/13 Girls					Masters Women				
EVENT	YEAR	PERF	ATHLETE	CLUB	EVENT	YEAR	PERF	ATHLETE	CLUB
100m	1999	13.2	DENAE MATTHEW	LCAC	100m	2012	13.3	LOUISE OLIVER	Charnwood
200m	1999	27.6	DENAE MATTHEW	LCAC	200m	2012	28.3	LOUISE OLIVER	Charnwood
800m	1999	2.22.8	LYNSEY JEPSON	LCAC	1500m	2002	5.06.8	DEBBIE HOPKINS	LCAC
1500m	2014	5.01.33	FERN HARRISON	Wreake	5000m	2005	16.41.1	KATE RAMSEY	Charnwood
70m H	2002	11.8	VICKY FLEETWOOD	Charnwood	10000m	2014	38.29.3	NICOLA RODER	Leics Tri
2km Walk	2009	11.04.7	EMMA ACHURCH	LWC	400m H	2000	72.8	SUSIE BROWN	Charnwood
HJ	2008	1.46	REBECCA BRADFORD	Tamworth	3km Walk	2004	17.22	SHEILA OWEN	Tamworth
LJ	2014	5.24	K JOSEPH-BLACKLER	Saffron AC	HJ	2004	1.30	DOROTHY ORR	Charnwood
DT	2014	24.00	KIRSTY FINLAY	LCAC	LJ	1999	4.48	JOANNE BARRADELL	Charnwood
SP	2001	10.36	EDEN FRANCIS	LCAC	DT	2001	25.00	GLENYS MORTON	LCAC
JT	1998	25.59	LAURA HILL	Charnwood	HT(3kg)	2003	35.07	CHRISTINE SMITH	Nuneaton
HT	2015	31.12	KIRSTY FINLAY	LCAC	SP	2001	11.76	GLENYS MORTON	LCAC
					JT	2013	28.65	LOUISE OLIVER	Charnwood

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Senior Men					Junior Men				
EVENT	YEAR	PERF	ATHLETE	CLUB	EVENT	YEAR	PERF	ATHLETE	CLUB
100m	1998	10.3	PAUL WHITE	TVH	100m	1970	10.7	CHRIS MONK	LCAC
200m	2010	21.28	SOMTO ERUCHIE	Birchfield	200m	2015	21.26	ELLIOTT POWELL	LCAC
400m	1984	48.4	STEVE SCUTT	W & B	400m	2006	48.4	GRANT BAKER	LCAC
800m	1994	1.51.5	MATTHEW HIBBERD	TVH	800m	2006	1.53.5	GRANT BAKER	LCAC
1500m	1991	3.48.2	PETE DAVIES	LCAC	1500m	1974	3.55.7	RICHARD CALLAN	Harborough
5000m	1979	13.59.8	RICHARD CALLAN	LCAC	5000m	2005	14.37.8	MOUMIN GEELE	LCAC
10000m	1969	28.59.4	RON GROVE	LCAC	10000m	2011	34.17.5	JAKE HARRISON	Charnwood
110m H	1998	14.7	DAVID SWEETMAN	Charnwood	110m H	2007	14.2	CALLUM PRIESTLEY	LCAC
400m H	1981	53.6	DELROY HALL	LCAC	400m H	2006	55.0	LLOYD GUMBS	Charnwood
3k SC	1983	9.04.0	STEVE BIRD	Leics Uni	2k SC	1986	6.31.7	TREVOR HODKINSON	unknown
3km Walk	1984	11.38.84	PHIL VESTY	LWC	HJ	1996	2.10	BEN CHALLENGER	Charnwood
HJ	1993	2.11	ANDREW LYNCH	LCAC	LJ	1982	6.82	LYNDON FRANCIS	LCAC
LJ	1995	7.39	NATHAN MORGAN	LCAC(aged16)	TJ	2010	13.79	MITCHEL KIRBY	LCAC
TJ	1974	14.44	J TUSTIN	North Shields	DT	2001	46.10	DANIEL GREAVES	Charnwood
DT	1973	59.86	BILL TANCRED	Birchfield	HT	1985	50.86	PHILIP RUSHIN	KingEdwardsVII
HT	2000	68.40	JOHN PEARSON	Charnwood	SP	1993	15.35	MARK EDWARDS	Charnwood
SP	2000	19.32	MARK EDWARDS	Charnwood	JT	2012	60.77	T. MORRISREID	LCAC
JT	1993	62.00	ALAN HOLLOWAY	Charnwood	PV	1996	4.30	LEE WALKER	Lough uni
PV	1984	4.90	RICHARD GAMMAGE	Lough Uni					

U/17 Men					U/15 Boys				
EVENT	YEAR	PERF	ATHLETE	CLUB	EVENT	YEAR	PERF	ATHLETE	CLUB
100m	1976	10.9	DEREK BUTLER	LCAC	100m	2012	10.9	OWIN SINCLAIR	Charnwood
200m	1990	22.8=	CARL SOUTHAM	LCAC	200m	2012	22.7	OWIN SINCLAIR	Charnwood
200m	2003	22.8=	GRANT BAKER	LCAC	300m	2014	38.06	JACK WOODWARD	LCAC
200m	2008	22.8=	PHILIP BERNERS	Charnwood	800m	1985	2.07.4	JASON HILL	Harborough
400m	2004	48.5	GRANT BAKER	LCAC	1500m	2013	4.12.19	BEN DIJKSTRA	LCAC
800m	1989	1.56.6	MATTHEW HIBBERD	LCAC	3k Walk	2015	15.20.21	BENJAMIN ALLEN	LWC
1500m	1992	4.01.6	SCOTT WEST	OWLS	80m H	2002	11.5	DANIEL MAYNARD	Charnwood
3000m	1996	8.55.0	RYAN FALKNER	OWLS	HJ	1988	1.80	ANDREW LYNCH	LCAC
1500 SC	1993	4.31.3	THEO BOYCE	OWLS	LJ	1995	6.23	KEVIN HIBBINS	Graham
3k Walk	2010	15.15.81	MAX ORZEL	LWC	TJ	2008	12.50	DALEY GRAHAM	LCAC
100m H	2004	13.4	DANIEL MAYNARD	Charnwood	DT	2000	42.61	KEIRAN O'KEEFE	Charnwood
400m H	2004	55.4	LLOYD GUMBS	Charnwood	HT	2002	38.80	A ATKINS	Charnwood
HJ	1994	2.05	BEN CHALLENGER	Charnwood	SP	1975	13.85	M RIDLEY	Newtonians
LJ	1989	6.63	M CHONA	Ratcliffe Coll	JT	2013	48.00	IVAN TAPPER	Charnwood
TJ	1977	13.40	RICHARD GARLICK	LCAC	PV	1999	3.20	RICK HALLAM	Tamworth
DT	2002	45.18	KEIRAN O'KEEFE	Charnwood					
HT	2007	44.78	TOM PEARSON	Charnwood					
SP	1991	15.30	MARK EDWARDS	Charnwood					
JT	2014	53.09	IVAN TAPPER	Charnwood					
PV	2013	4.00	ETHAN WALSH	Charnwood					

U/13 Boys					Masters Men				
EVENT	YEAR	PERF	ATHLETE	CLUB	EVENT	YEAR	PERF	ATHLETE	CLUB
100m	2010	11.94	OWIN SINCLAIR	Charnwood	100m	2009	11.6	TIM BARTON	Charnwood
200m	2010	24.00	PHILIP O'MARA	LCAC	200m	2007	24.7	GRAHAM LANGHAM	Brighton AC
800m	2012	2.21.0	ARCHIE BANKS	Charnwood	400m	1995	52.2	DON RANDLE	Huncote H
1500m	2012	4.41.2	JOSEPH POLLARD	Charnwood	800m	1995	1.59.1	DON RANDLE	Huncote H
2km walk	2015	11.45.48	FARIS ALKHAMESI	Nuneaton	1500m	2007	4.12.3	GORDON LEE	OWLS
75m H =	2012	13.5	TOBY TRAYNER	Unattached	5000m	2007	15.02.2	GORDON LEE	OWLS
75m H =	2013	13.5	BEN HIGGINS	Charnwood	10000m	2007	30.26.0	GORDON LEE	OWLS
LJ	2010	5.49	OWIN SINCLAIR	Charnwood	2000 S/C	2009	7.00.4	ERIC FOWLER	Nuneaton
DT	2010	19.52	ROBERT LEANEY	Charnwood	HJ	2008	1.76	JONATHAN GRAHAM	LCAC
JT	2010	24.58	ROBERT JONES	Nuneaton	LJ	2008	5.91	JONATHAN GRAHAM	LCAC
SP	2002	8.70	ANDREW FLEETWOOD	Charnwood	TJ	1997	11.43	G THOMAS	Rutland
HJ	2002	1.41	ASHLEY FRANK	Charnwood	DT	2006	33.54	JIM EDWARDS	Charnwood
					HT	2012	60.45	JOHN PEARSON	Unattached
					SP	2000	12.46	JIM EDWARDS	Charnwood
					JT	2003	38.39	PHIL OWEN	Tamworth
					PV	2008	3.30	ANDY WILKINSON	Harborough
					3km walk	2012	18.23.2	PAUL HAYDON	Nuneaton
					400m H	2013	70.22	CHRITOPHER HOLLID	Harborough AC
					400m H	2013	70.22	CHRITOPHER HOLLID	Harborough AC